

WRAG Quarterly Newsletter No. 178 July, 2018

Waverley Retirement Activities Group Inc. (WRAG) began in April, 1974 and is the “umbrella organisation” for more than 20 leisure activity groups for the over 50s living in and around the Monash Shire. WRAG is a non-profit, community-based organisation with nearly 250 members, run by volunteers with support from the City of Monash. Our activity groups meet in council halls, public places and private homes. WRAG makes it easy to meet new friends and make retirement fun.



WRAG Melbourne Zoo Trip –29th May, 2018 : everyone agreed it was a lovely day, and well worth it. Thank you to Erica for organising the trip and the following report –

It was raining early on the morning of the zoo trip but it had cleared into a nice day by the time the thirty of us arrived there. We split up so people could see their favourites at their own pace. The animals put on a good show. Many of them were active. A couple of lions were playing with a tyre. A snow leopard was walking around its enclosure. And a tiger in its enclosure. The butterfly house was a good place to get warm. For those who hadn't been to the zoo for several years, there were many new exhibits to admire. The walk through lemur area is always fun. There is always a zoo keeper on guard so that people don't try to touch the lemurs. Erica

NOTE from Editor – An update about our Treasurer, Erica Johnstone

Almost as soon as the great day at the Zoo was over, Erica was off on another adventure with her sisters Louise and Rachel to Peru! Yep! Peru, you read it correctly. No day trips for our intrepid travelling Treasurer, nor lolling around pools in Bali, or Thailand – Nope! You may remember she has only recently returned happy and well from AFRICA!!

So PERU it is! Erica left just before her birthday; and on her actual birthday, following breakfast in Lima with her sisters, and on the way to meet the tour in the city, a cyclist collided with Erica from behind and knocked her to the ground. Ambulance arrived, took Erica to hospital and operated on her broken arm. Spanish speaking nurses, (though the doctors spoke English), and hospital staff made it even more difficult, as you can imagine. Erica says the hospital was very modern with up-to-date facilities. But our Erica soldiered on, through drugs and antibiotics until the adventure/holiday was obviously over; though Erica hoped she would recover enough to continue on to Macchu Picchu; a destination she was most looking forward to. At this point, surgeons and doctors and insurance companies became involved and it was decided that the best, safest thing to do was to get her home to Melbourne.

*Naturally, Louise and Rachel would not consider leaving her on her own, so she was flown Business Class back to Melbourne, only 9 days since she left Melbourne. (I'm not sure if Louise and Rachel have yet forgiven her for sending **them** home in economy class??). A visit to her own surgeon revealed a dislocated shoulder, and another operation and a reverse-shoulder-replacement was required to repair that damage.*

Since being home, and in the care of her wonderful sisters, now including Janet and Erica's dad, she is slowly on the mend. And everyone at WRAG wishes her well and all of us are frustrated at not being able to offer her any advice, assistance or comfort to make things easier.

This **Newsletter** is published by the Waverley Retirement Activities Group Inc quarterly, and sent to members via post, or email, or by hand. Colour copies may be downloaded from the News page on the WRAG website. NEWS, feedback and suggestions for the **WRAG Newsletter** are always welcome.

Editor: Nicole, with extensive help from other committee members, and convenors.

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Submissions must be received by the end of March, June, September & December each year.

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UPCOMING EVENTS AND MEETINGS

- **Casino Bus Trip**, Thursday, 19th July, & 18th October 2018; 9:00am – 3:00pm
(see notice on page 4).
- **WRAG Games Day**, Tuesday, 9th October, 2018 3:30pm – 7:00pm at
Glen Waverley Community Centre, cnr Springvale & Waverley Roads (dinner included) :
(see report on page 4)
- **Cup Eve Picnic**, Monday 5th November, 2018 : 12noon, Glen Waverley North Reserve, Madeline Street, Glen Waverley 3150 – nb : Quarterly Meeting will be held during this event (full report in October, 2018 Newsletter).
- **DIARY NOTE : WRAG End-of-Year Luncheon** – Tuesday, 11 December, 2018 – Mulgrave Country Club (Panorama Room), 12 Noon ; keep the date – if you only go to one end of year function, make sure this is the one!!!

9561 5993



Presidents Corner – July, 2018

Hello once again to all WRAG members. We hope this newsletter finds you enjoying good health and surviving the first of our rather cold winter weather. Is it just me or are our winters getting colder?

We had a good turnout for the WRAG Zoo trip on 29 May 2018. 26 members attended and enjoyed several hours wandering around the Melbourne Zoo in rather windy weather. Much thanks to our Treasurer Erica Johnson for organising the trip.

On 5 May 2018 WRAG were one of 16 stallholders invited to participate in the Royal Freemasons - Monash Gardens - Residential Aged Care and Independent Living Units - OPEN DAY, where over 500 visitors were able to spend time viewing the Aged Care Centre, Mulgrave Community Centre and take tours of the Monash Gardens Retirement Village. Thanks to Roel for assisting in manning the WRAG Stall, and to Gwen, Erica, Keith, and Nicole for manning the WRAG card/games playing tables inside the community centre.

Unfortunately WRAG did not make any new members from the Open Day. But after viewing the Retirement Village, Nicole and I will hopefully be moving in to Unit 50, (next to Beryl Murphy in Unit 52) In late September this year.

Please note that we have booked our 2018 Christmas Luncheon at the Mulgrave Country Club for Tuesday 11 December 2018 at 12 noon. This will once again be subsidised by WRAG and more details notified in the October 2018 newsletter. We have also re-booked Arnie Griffs to entertain us again this year, given all of the positive comments from the 2017 Christmas Lunch.

Terry Spicer

BIRD OBSERVERS

Contact – Chris Flowers 9763 3604

4th Wednesdays : 10:00am – 12:00noon

Wednesday 22 nd August	Blackburn Lake	48 B11
Wednesday 26 th September	Tirhatuan Park	81 F8
Wednesday 24 th October	Edithvale Wetlands	93 D8

WRAG GAMES DAY: SAME PLACE, DIFFERENT TIMES

Tuesday 9th October, 2018

3:30pm – 7:00pm

To encourage more members, new members and prospective members to come along and enjoy playing card games, board games and snooker or table tennis, WRAG Games Day is changing to day time events. Come along and enjoy games for everyone, tea and coffee available all afternoon, followed by snacks and pizza. **Bring a friend.**

We can arrange to pick you up, and drop you off, if that is needed. **FREE & FUN!**

Please keep in touch with Committee Members to find out more.

Terry : 0418 666 212 - Roel : 9561 5993 - Nicole : 9795 6648

WRAG GAMES DAY

Held for the first time in the daytime, at 3:30pm – 7:00pm on 8th May, 2018 at the Glen Waverley Community Centre. This change of time was a great success.

More than 40 people enjoyed lots of games- 500, Samba, Rummikub, Uno and we tried a new one “99”; which got everyone laughing and enjoying each other’s company.

Lots of games of table tennis, too and this meant that as members from both WRAG and the Senior Citizens changed tables and headed for a cuppa and a rest, they joined in the games which were being played at different tables.

Tea and coffee and bikkies were available all afternoon, then followed by some Asian delights (thank you Keith for that request); and pizza arrived for dinner at around 6pm.

Dessert was coffee and chocolate biscuits. (Ideas that dessert next time should include pavlova, lemon meringue pie and passionfruit sponges – we sound like the Country Womens Association needs to join WRAG!!)

Many thanks to everyone who pitched in and especially those who might have been a little TOO competitive, it made for interesting outcomes. We have a games convert in Bill Lamont, I think.

It was lovely to see Helmut Meuris again playing Samba, as Helmut was once the Convenor of the Samba Group.

Please make a date in your calendar for the next Games DAY on 9th October, 2018 at 3:30pm, at the Glen Waverley Community Centre, cnr Springvale & Waverley Roads, Glen Waverley.

Nothing to pay, nothing to bring, except your friends. We can even arrange pick up if you need it.

FREE and FUN

DOTS DAYTIME OUTING : 1st Monday of the Month : 12 Noon

Everyone Welcome

Contact Dot, 9802 4822

Monday, 6th August, 2018 : Burvale Hotel, cnr Burwood and Springvale Roads,

Monday, 3rd September, 2018 : Village Green, cnr Springvale & Ferntree Gully Roads

Monday, 1st October, 2018 : Mountain View Hotel, cnr Springvale & High Street Roads.

PLEASE NOTE : 5th November, 2018 is **WRAG CUP EVE PICNIC**, see note below

WRAG CUP EVE PICNIC

keep the date free

*This great day marks the end of the cold days and the start of our warmer weather,
and our enjoyment of the outdoors (hopefully).*

Monday, 5th November, 2018 : 12 noon

Glen Waverley North Reserve, Madeline Street, Glen Waverley

More information to follow in October Newsletter.

PICK UPS AVAILABLE, IF REQUIRED – contact Nicole 0404 325 166

CASINO BUS TRIP : 19th July, 2018

3rd Thursday of July, then October, 2018

Bus leaves from the carpark at Mountain View Hotel,
corner of Springvale & High Street Roads

9:00am sharp

\$15 includes Buffet Lunch

Everyone is welcome

For reservations & further information, please contact
Robyne 9758 1897, or mobile 0408 853073

WRAG – Activity Groups

Badminton (Tuesdays)

Contact : **Helmut 9546 1019**
Every Tuesday 8:30-10:30pm
Southern Community Centre
Experienced Players Group

Badminton (Thursday)

Contact : **Liz 9795 8843**
Every Thursday 10:00am-
12noon
Southern Community Centre
New Members Welcome

Bird Observers

Contact : **Chris 9763 3604**
4th Wednesday 10:00am
Walk and observe,
then BYO picnic lunch.
[see page 3 for locations](#)

Cabin & Caravan Getaway

Contact :
Helmut Meuris
9574 8090

CARDS – 500

Contact : **Keith 9560 1236**
Every Friday 1:00pm
MULGRAVE Community
Centre
(new home of 500)
Afternoon Tea \$2.00
New Members Welcome

CARDS – Jonola

Contact : **Heather 9802 9673**
3rd Wednesday 1:30pm
Afternoon Tea \$2.00
New Members Welcome
(Venue – Heather's Home)

Cards – Quiddler

Contact : **Erica 9878 1627**
3rd Tuesday 1:30pm
Afternoon Tea provided
New Members Welcome

Cards – Samba

2nd Wednesday –1:30pm
Afternoon tea provided \$2
New players Welcome
Contact : **Gwen 9561 1000**

CASINO BUS TRIP

Contact : **Robyne & John**
9758 1897
3rd Thursday – January, April,
July, October ONLY
[see notice on page 5](#)

Dot's Day Out

Contact : **Dot 9802 4822**
1st Monday – 12 noon
[see venues on page 5](#)

Golden Club

Contact : **Bill 9795 0078**
2nd Thursday 12 noon
Feb, May, Aug, Nov ONLY
(Venue – Mulgrave Country
Club) **Bookings essential**

Golf – 9 holes suspended

Golf – 18 holes

Contact : **Len 0438 026 069**
Every Monday 7:15am &
Every Friday 7:15am
Glen Waverley Public Course
New Players Welcome

Jells Park Walk &/or Coffee & Chat

Contact : **Nita 9560 9730**
2nd Wednesday 9:30am
BYO Morning Tea
Everyone Welcome

MAHJONG

Contact : **Erica 9878 1627**
2nd Tuesday 1:15pm &
4th Tuesdays 1:15pm
Afternoon tea provided \$2
New Players Welcome
(Venue – Members Homes)

RUMMIKUB

Contact : **Gordon 9511 5103**
4th Monday 1:30pm
Afternoon tea provided \$2.00
New Players Welcome
(Venue – Joyce's home)

SCRABBLE – (experienced)

Contact : **Elaine 9808 1541**
2nd Thursday 7:30pm &
4th Thursday 7:30pm
Light supper provided
(Venue – Members homes)

TABLE TENNIS

Contact : **Michael 9762 5202**
Every Thursday 12:30pm
BYO bat
Southern Community Centre

WALKING TUESDAYS

Contact : **Erica 0427 329 752**
Or 9878 1627
Every Tuesday 10am – 11am
Erica - for maps & meeting
point

July 2018						
◀ June						August ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Dot's Day Out	3 Walking Badminton	4	5 Badminton Table Tennis	6 Cards 500 Golf 18 Holes	7
8	9 Golf 18 Holes	10 Walking Badminton Mahjong	11 Cards Samba Jells Park Walk	12 Badminton Table Tennis Scrabble	13 Cards 500 Golf 18 Holes	14
15	16 Golf 18 Holes	17 Walking Badminton Cards Quiddler	18 Cards Jonola	19 Badminton Table Tennis Casino Bus Trip	20 Cards 500 Golf 18 Holes	21
22	23 Golf 18 Holes Rummikub	24 Walking Badminton Mahjong	25 Bird Observers	26 Badminton Table Tennis Scrabble	27 Cards 500 Golf 18 Holes	28
29	30 Golf 18 Holes	31 Walking Badminton				

August 2018						
◀ Juli						September ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Badminton Table Tennis	3 Cards 500 Golf 18 Holes	4
5	6 Dot's Day Out Golf 18 Holes	7 Walking Badminton	8 Cards Samba Jells Park Walk	9 Badminton Table Tennis Golden Club Scrabble	10 Cards 500 Golf 18 Holes	11
12	13 Golf 18 Holes	14 Walking Badminton Mahjong	15 Cards Jonola	16 Badminton Table Tennis	17 Cards 500 Golf 18 Holes	18
19	20 Golf 18 Holes	21 Walking Badminton Cards Quiddler	22 Bird Observers	23 Badminton Table Tennis Scrabble	24 Cards 500 Golf 18 Holes	25
26	27 Golf 18 Holes Rummikub	28 Walking Badminton Mahjong	29	30 Badminton Table Tennis	31 Cards 500 Golf 18 Holes	

September 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Dot's Day Out Golf 18 Holes	4 Walking Badminton	5	6 Badminton Table Tennis	7 Cards 500 Golf 18 Holes	8
9	10 Golf 18 Holes	11 Walking Badminton Mahjong	12 Cards Samba Jells Park Walk	13 Badminton Table Tennis Scrabble	14 Cards 500 Golf 18 Holes	15
16	17 Golf 18 Holes	18 Walking Badminton Cards Quiddler	19 Cards Jonola	20 Badminton Table Tennis	21 Cards 500 Golf 18 Holes	22
23	24 Golf 18 Holes Rummikub	25 Walking Badminton Mahjong	26 Bird Observers	27 Badminton Table Tennis Scrabble	28 Cards 500 AFL GRAND FINAL DAY	29
30						

October 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Dot's Day Out Golf 18 Holes	2 Walking Badminton	3	4 Badminton Table Tennis	5 Cards 500 Golf 18 Holes	6
7	8 Golf 18 Holes	9 Walking Badminton Mahjong WRAG GAMES DAY	10 Cards Samba Jells Park Walk	11 Badminton Table Tennis Scrabble	12 Cards 500 Golf 18 Holes	13
14	15 Golf 18 Holes	16 Walking Badminton Cards Quiddler	17 Cards Jonola	18 Badminton Table Tennis Casino Bus Trip	19 Cards 500 Golf 18 Holes	20
21	22 Golf 18 Holes Rummikub	23 Walking Badminton Mahjong	24 Bird Observers	25 Badminton Table Tennis Scrabble	26 Cards 500 Golf 18 Holes	27
28	29 Golf 18 Holes	30 Walking Badminton	31			

More Calendars from WinCalendar: [Word Calendar](#), [Excel Calendar](#), [Online Calendar](#)